

SOPHISTICATE'S HAIRSTYLE GUIDE



TAYLOR BLAKE

950+STYLES
MORE THAN ANY OTHER MAGAZINE!



KELLIE PICKLER
"I LOVE
SHORT HAIR!"
KELLY OSBOURNE
GREAT LAYERS!



SOPHISTICATE'S HAIRSTYLE LEGUIDE

EXCLUSIVE!

APR. MAY 2010 K46846

JESSICA SIMPSON

SHARES HER
BEST BEAUTY
SECRETS!

WORLD'S
BEST-SELLING
HAIR
MAGAZINE

STAR STYLES

WIN!
\$5,000+
IN STYLING
TOOLS!



INTERVIEW!

KIM KARDASHIAN
KEEPING UP WITH STYLE!



PINK



ALLISON



CARRIE



KATHARINE



FERGIE



KALEY

4 SEXIEST MAKEUP LOOKS

bonus!

26-PAGE CUT+COLOR GUIDE!

WWW.SOPHISTICATESHAIRSTYLEGUIDE.COM

417137-#05 2010
\$5.99USA \$6.99CAN



0 09128 46846 4

PRINTED IN USA



COUGAR STAR
COURTENEY COX
HER STYLE SECRETS!



behind-the-beauty scenes

Private Practice

Ever wonder how those Oceanside Wellness ladies get their ready-for-primetime looks? We thought so!

R Kate Walsh as Dr. Addison Montgomery

■ **hair** "Kate has a medium hair texture and it's easy to manage," shares hairstylist Arleen Chavez. "For her basic look, I start with a blow-out using a boar-bristle brush. Depending on the final style we want, I'll either set her hair on large Velcro rollers, or curl it with a 1/2" curling iron. I use Redken Real Control Thermal Resist on her hair, and MoroccanOil Treatment."

■ **makeup** "I like to make Kate's makeup a little softer, but keep her level of sophistication," explains makeup artist Lopez-Rivera. "I mix my own foundation for her to help bring out her gorgeous skin. I do lots and lots of blush and apply mascara to her lashes. We don't use any eyeshadow, but, depending on the episode, I will use a soft lipcolor."



Addison, Charlotte, Naomi and Violet all work together to save lives on television's *Private Practice*—and they look fabulous doing it. *Sophisticate's Hairstyle Guide* spoke with the show's hairstylists and makeup artist Sergio Lopez-Rivera to find out the backstage scoop on how these women do it...

Clip-Out Product List

In a hurry? Here's a quick look at the products the hair pros at *Private Practice* rely on...

KATE WALSH

- Redken Real Control Thermal Resist
- MoroccanOil Treatment

KADEE STRICKLAND

- Unite Blow & Set Lotion Sculpting
- Unite 7 Seconds Condition Leave In Detangler

AUDRA MCDONALD

- Redken Real Control Thermal Resist
- Tancho Tique stick

AMY BRENNEMAN

- MoroccanOil Hydrating Styling Cream
- Redken Real Control Thermal Resist





R Audra McDonald as Dr. Naomi Bennett

■ **hair** "Audra has medium, coarse, textured hair," describes hairstylist Oshun Smith. "For her quick on-the-go doctor style, I use a blow-dryer and a flat iron. For a stronger look, I work with a Marcel iron. To help protect her hair when curling it, I use Redken Real Control Thermal Resist. To lay down those baby-fine hair, I like Tancho Tique stick."

■ **makeup** "Audra has great bone structure and we try to make sure that doesn't get lost in the lighting," shares makeup pro Lopez-Rivera. "We highlight her cheekbones and emphasize her upper lash line. We use individual lashes in the corners of her eyes and we either do a colorful or very neutral lip, depending on what she's wearing."



R Amy Brenneman as Dr. Violet Turner

■ **hair** "Amy has naturally curly hair, which can tend to be dry," says hairstylist Shelly Scanlon. "I apply MoroccanOil Hydrating Styling Cream to her hair when it's wet, then blow-dry her hair smooth, adding volume at the crown. I then twirl her hair in different directions around a 1-1/4" curling iron to give her loose waves. I use with Redken Real Control Thermal Resist to protect her ends."

■ **makeup** "Amy's look is put-together and polished," shares makeup artist Lopez-Rivera. "I do a classic smoky eye with a bronze eyeliner. I custom-mix a foundation color for her and use bronzer to contour. For her lips, I use either a nude lipgloss or a cream lipstick."



R KaDee Strickland as Dr. Charlotte King

■ **hair** "KaDee has very fine hair," reveals hairstylist Arleen Chavez. "I blow dry her hair with a brush, then set her hair on hot rollers. For products for KaDee's hair, I like Unite Blow & Set Lotion Sculpting and Unite 7 Seconds Condition Leave In Detangler."

■ **makeup** "KaDee can look young, so we're careful to make sure she has a certain level of sophistication in her makeup. We play up her eyes with lashes and use grays or plums to bring out the blue in her eyes."

